

MORRIS
Cardiovascular and Risk Reduction Center
Tilt-Table Test

A Tilt-Table Test is a test that is often performed when you feel faint, lightheaded, or experience fainting episodes frequently without a known reason. During the test you lie on a table that is slowly tilted upward. Your blood pressure, heart rate, heart rhythm, oxygen saturation and symptoms are monitored during the test to assess your response to the force of gravity.

Medication may or may not be utilized to provoke a physical response during the exam.

This procedure is held off-site at a local hospital. Your doctor and associated hospital will provide you additional information about your exam.

PLEASE FOLLOW THESE GUIDELINES FOR THE DAY OF YOUR EXAM:

The hospital will contact you with all procedure preparation information.