



Cardiovascular and Risk Reduction Center

A Message to Our Patients About COVID-19 (Coronavirus)

We understand there is a great deal of concern, uncertainty and anxiety within our community regarding COVID-19. We want to assure you Morris Cardio's priority is to keep our patients and caregivers healthy and safe. Our offices are operating under normal business hours and we are following CDC guidelines to protect our patients and caregivers.

In addition to our regular cleaning procedures, we have added additional layers of sanitation to our current protocol and will be asking you to participate in additional safety measures while in the office. Please ensure you wash your hands consistently and cover your mouth with a tissue or the inside of your elbow while sneezing.

Please plan to keep your scheduled appointment with us unless you have a fever, experiencing acute respiratory symptoms like cough, congestion, or sore throat, traveled from an area with ongoing community spread of COVID-19 or have been exposed to anyone with COVID-19. Should you be exhibiting any of these signs or symptoms please call our office prior to your appointment at 804-530-1044. You will not be charged a "no-show" fee if you call to reschedule your appointment.

Should you arrive at your appointment with respiratory symptoms, you will be asked by one of our staff members to wear a mask during your visit.

Our staff practice consistent extensive cleanliness protocols and it is a priority for us to provide a safe environment for our community.

No staff will be permitted to work if they present with flu-like symptoms or have come into contact with someone with COVID-19.

Please remember CDC recommends the following actions to protect yourself:

- Stay home when you are sick
- Practice good hand hygiene (wash thoroughly for 20 seconds)
- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe
- Stay informed – check the CDC website regularly for new updates: <https://www.cdc.gov/>